



Baptised into Christ Session 3: Grow

PRAY: Start with a time of prayer and worship.

REFLECT/ACTIVITY/QUESTIONS: This session is based on our church value 'Grow' – we want to know more about Jesus, to live and become more like Him. Share with the person next to you, what helps you grow as a Christian.

READ: Read Galatians 3:23-27 (from the Message) and Luke 6:1-16 out loud. As you listen to this passages, notice what strikes you – a word, a phrase, an image or a feeling.

WATCH:

Click the link to watch: bit.ly/45iFRdj

DISCUSS:

Reflect on the video, does anything strike you?

Questions which may be helpful to discuss:

- In the video, Hannah says 'There is nothing we can **do** that will make God love us anymore and there is nothing we can **do** that can make God love us any less.' How do you feel about that?
- What do you think Galatians 3v27 means for us today?
- There are lots of spiritual disciplines that help us to grow as Christians. Take each of the following in turn and share with each other how you are doing with each one (remembering no judgement!)
 - o Having a Sabbath rest each week (24 hours off your 'job/studies')
 - o Attending Church on Sundays regularly
 - o Reading the Scripture regularly
 - o Spending time in solitary prayer
- Are there any areas of change that would help you to grow in your Christian faith?

PRAY:

Share prayer requests and close by praying for one another.