

Theme: Life of Jesus (JL19) Jesus: The garden of Gethsemane Aim: To look at the events in Gethsemane and to see how Jesus made a decision to go through with his suffering.

Play: Fear Charades

Think for a moment of the things that make people frightened. Now choose one family to act out being afraid of one of things you suggested. Make guesses of what is being acted out award points to people who make correct guesses.

What sort of things are we afraid of? How do we act when we are scared? How can you overcome fears - what can help? Do you pray when you are scared? Does praying help? Do you think Jesus was ever scared of anything? Yes, the thought of dying on a cross scared him - but that he prayed for God to give him the courage and strength to go through with it: and God did!

Play: Wink Murderer

Sit in a circle. Ask one person to step outside the room - they will be the detective. Decide with the rest of your family who will be the murderer. The murderer murders people by winking at them- at which point they must 'die' as dramaticly as possible. If you can't wink, decide on another subtle signal - a finger point for example. Invite the detective back into the room and stand them in the middle of the circle. The murder should get to work and the detective must figure out who they are. When they guess, the murderer becomes the detective and the game is repeated.

Discover: Great followers

Use the internet to find out about Christians who have done difficult things for God. Think about people in the Bible or more modern heroes such as Corrie Ten Boom who risked her life to shelter Jews during world war 2. Or missionaries known to them or your church.

Here are some ideas:

https://www.crosswalk.com/slideshows/20-christian-women-who-shaped-history.html http://www.notonlysundays.com/christians-changed-world/

Choose a person or a charity and make a presentation showing how that person or group of people followed/follow God even when they were asked to do difficult things. Include photographs, stories and facts. Present these presentations to your families.

Jesus chose to follow God even through the death and thank him for that. Thank God for the example of other Christians ho have also chosen to follow God in difficult situations and ask God to help us to choose to follow him today.

Watch: The garden of Gethsemane https://www.youtube.com/watch?v=TzFatYi-Z0U



Read: The garden of Gethsemane (Luke 22:39-45)

When you've read Luke 22:39-45 call one wall of the room 'True' and the opposite wall 'False'. Run to the correct wall depending on whether what you say is true or false.

Jesus told the disciples He would rise from the dead after 4 days (F)

- Jesus said that Peter would say that he didn't know him 3 times before the rooster crowed (T)
- Jesus went to pray in a forest (F)
- Jesus' disciples fell asleep (T)
- Soldiers, priests and teachers came to take Jesus away (T)
- Peter cut off one man's finger (F)
- Jesus told Peter that was a good thing to do (F)
- The disciples went with Jesus as he was taken away (F)
- Peter stayed outside the building where Jesus was taken (T)
- He stayed warm by jumping up and down (F)
- Peter said he knew Jesus (F)
- Peter heard a rooster crow (T)
- Peter ran away and cried (T)

Pray: Thank you Jesus for doing this all for me. Help me to be brave and strong. Amen.

For more resources check out Urban Saints Energize website: https://www.energize.uk.net/ Login: families@stjamesinthecity.org.uk Password: Matthew19:14